

NWS Briefing for Upcoming Heat June 22-26

Issued: Friday, June 19, 2026
Prepared by: Tim Brice, Meteorologist



NATIONAL WEATHER SERVICE

EL PASO



TEXAS

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Key Messages:

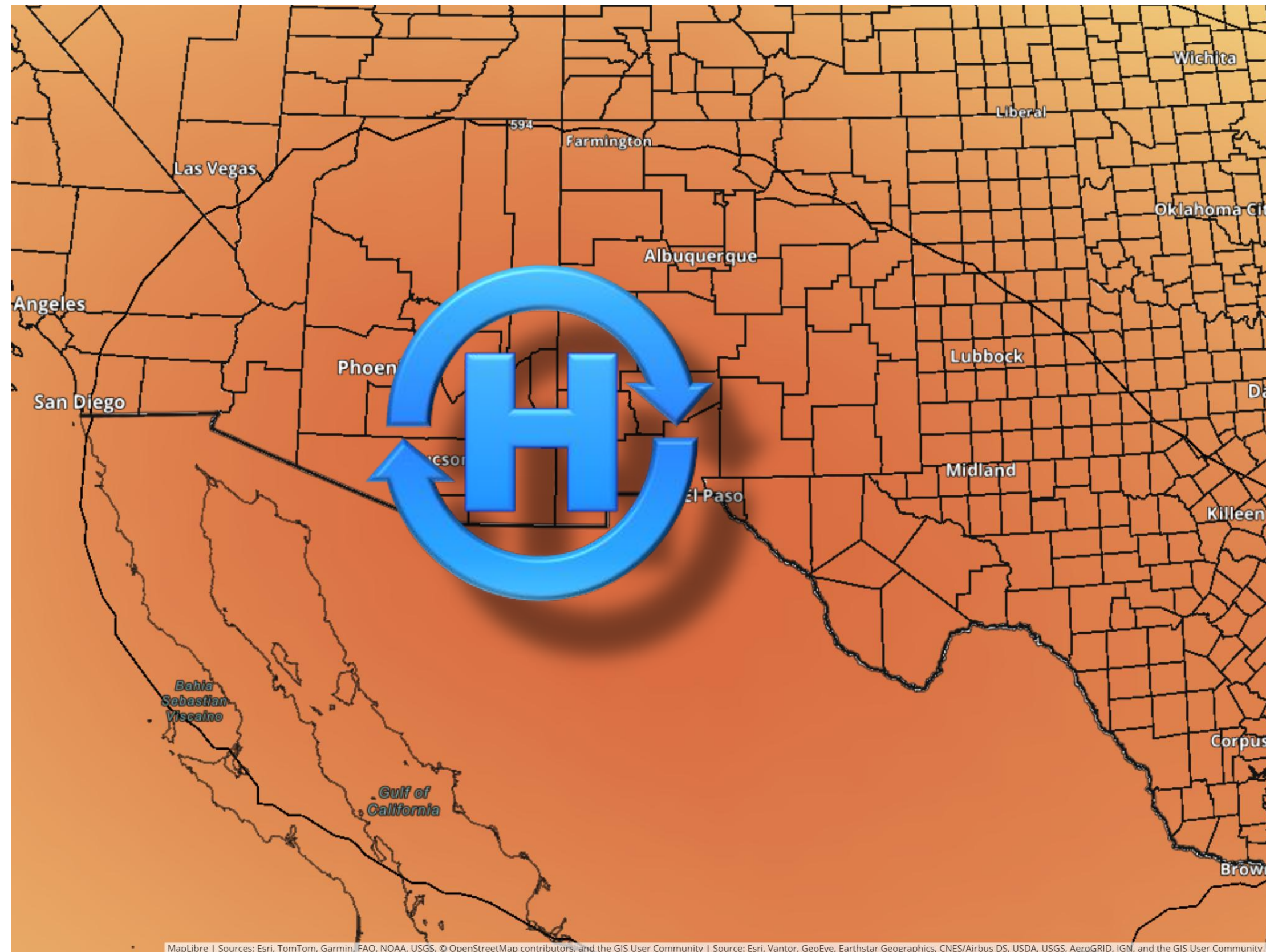
- Increasing temperatures early next week with highs of 102°F to 107°F across the lowlands
- **Highest confidence in hot temperatures Tuesday-Thursday**
- No heat products in effect currently
- Heat Advisories will likely be needed for much of the lowland zones
- **Extreme Heat Warning may be possible in the lower Rio Grande Valley**

Impacts:

- Moderate (Level 2 of 4) to major (Level 3 of 4) with localized extreme (Level 4 of 4) heat risk of heat-related impacts for the lowlands Sunday through Thursday
- Medium to high risk of heat-related illnesses without effective cooling and hydration
- Warm overnight lows (in the 70s to lower 80s) won't allow for much relief



- A large area of upper level high pressure will be anchored over the desert southwest next week
- Hot and mainly dry conditions underneath the ridge
- Likely hottest temperatures of the year so far

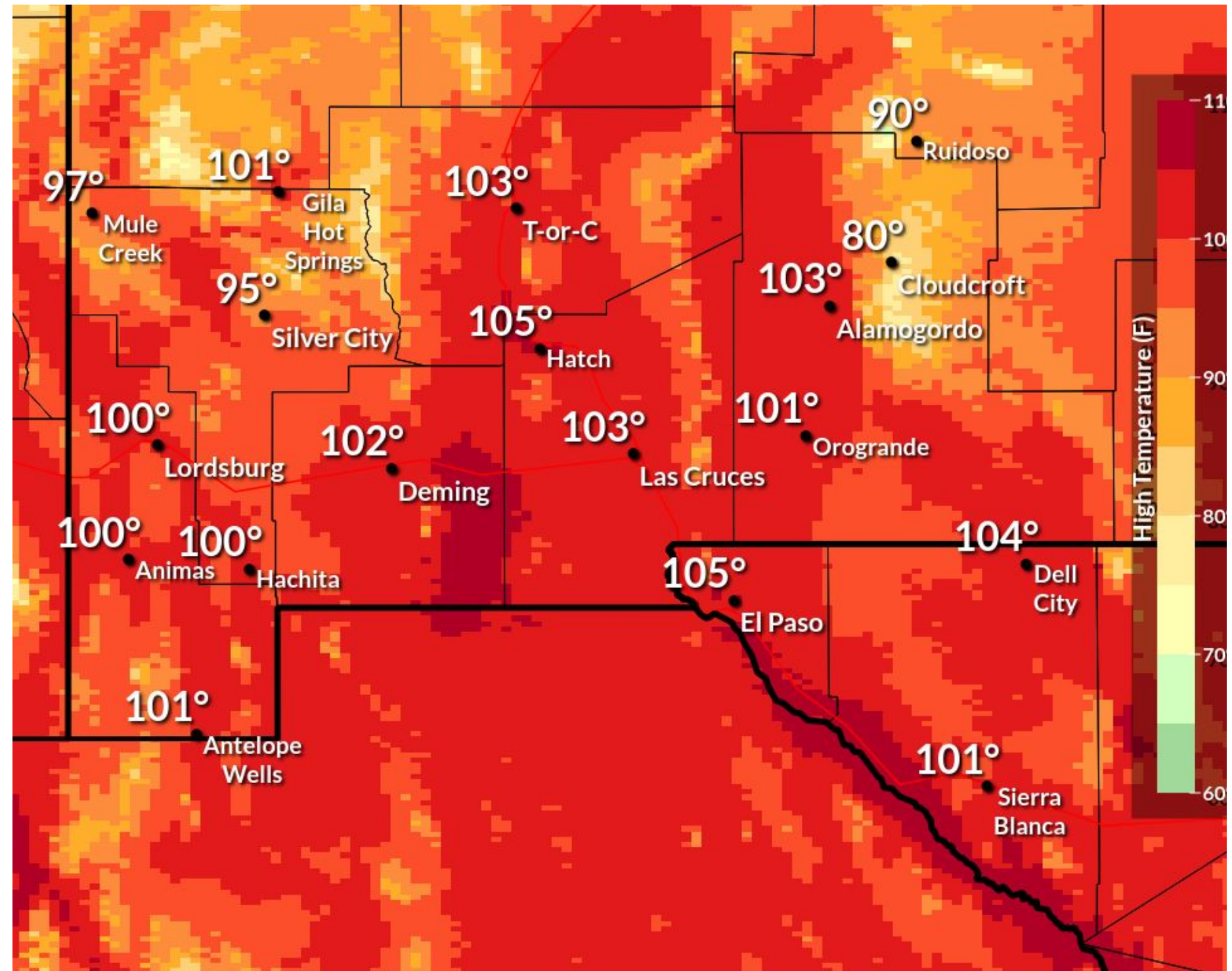
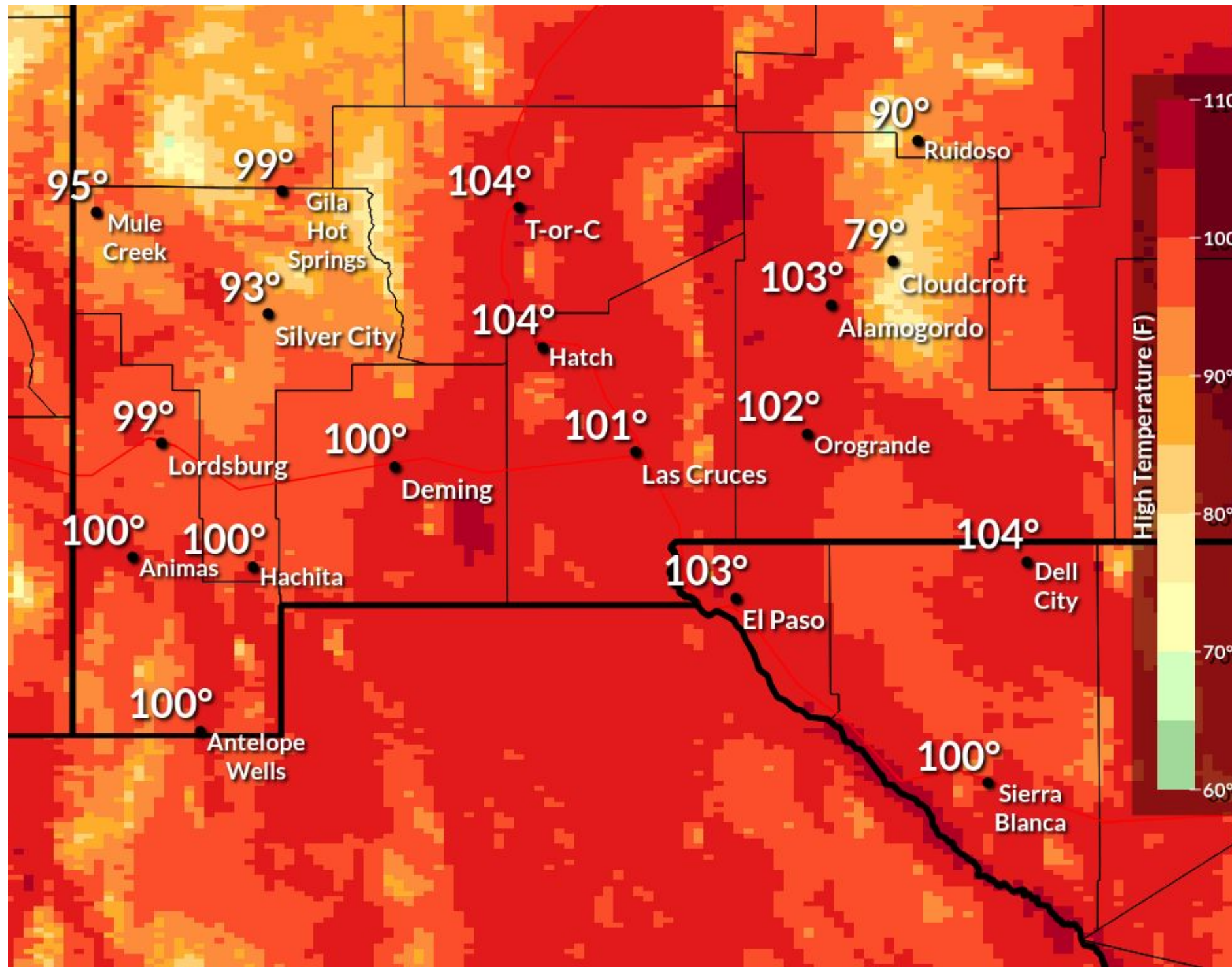


Forecast High Temperatures

June 19, 2026
3:01 PM

Sunday, June 21

Monday, June 22



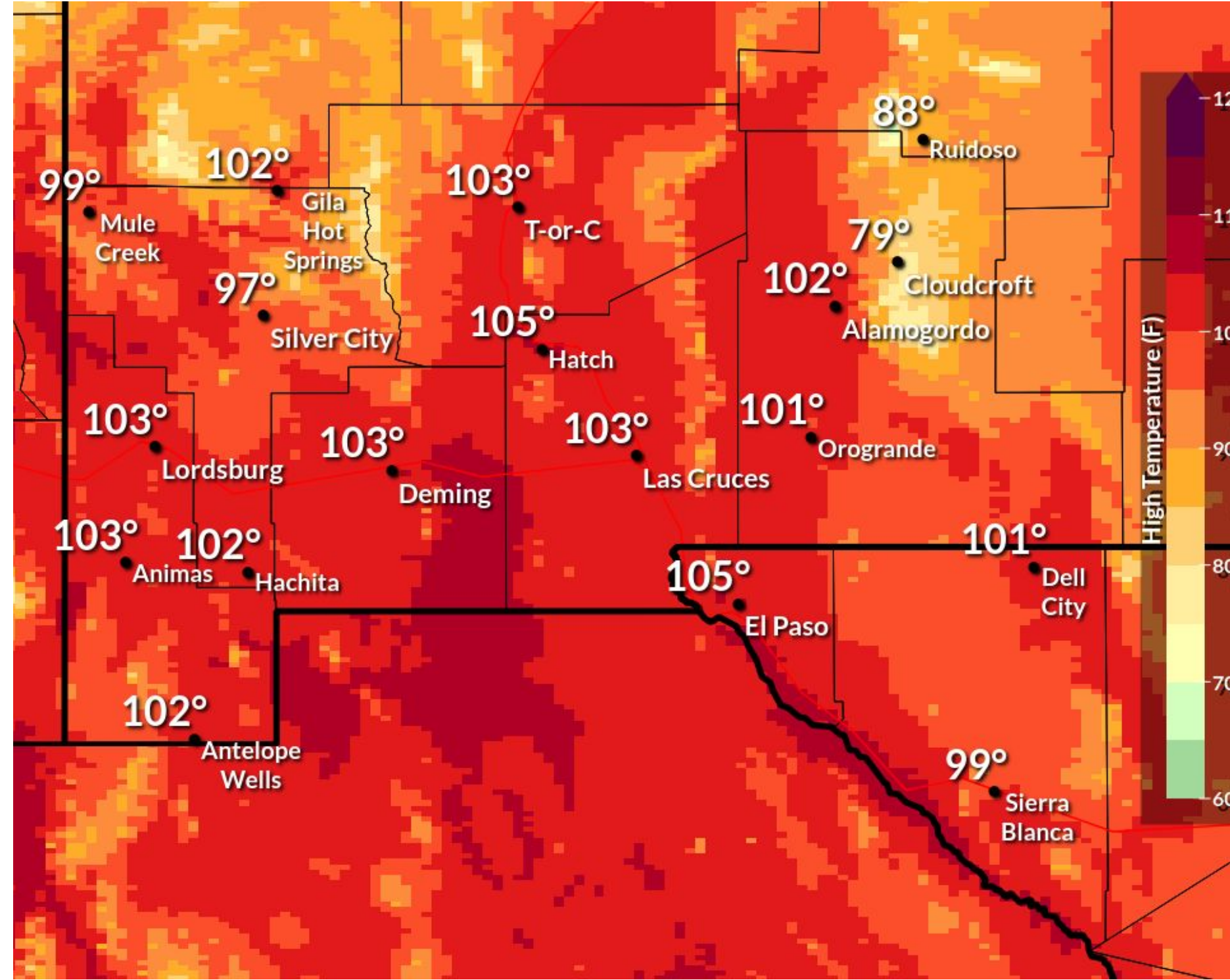
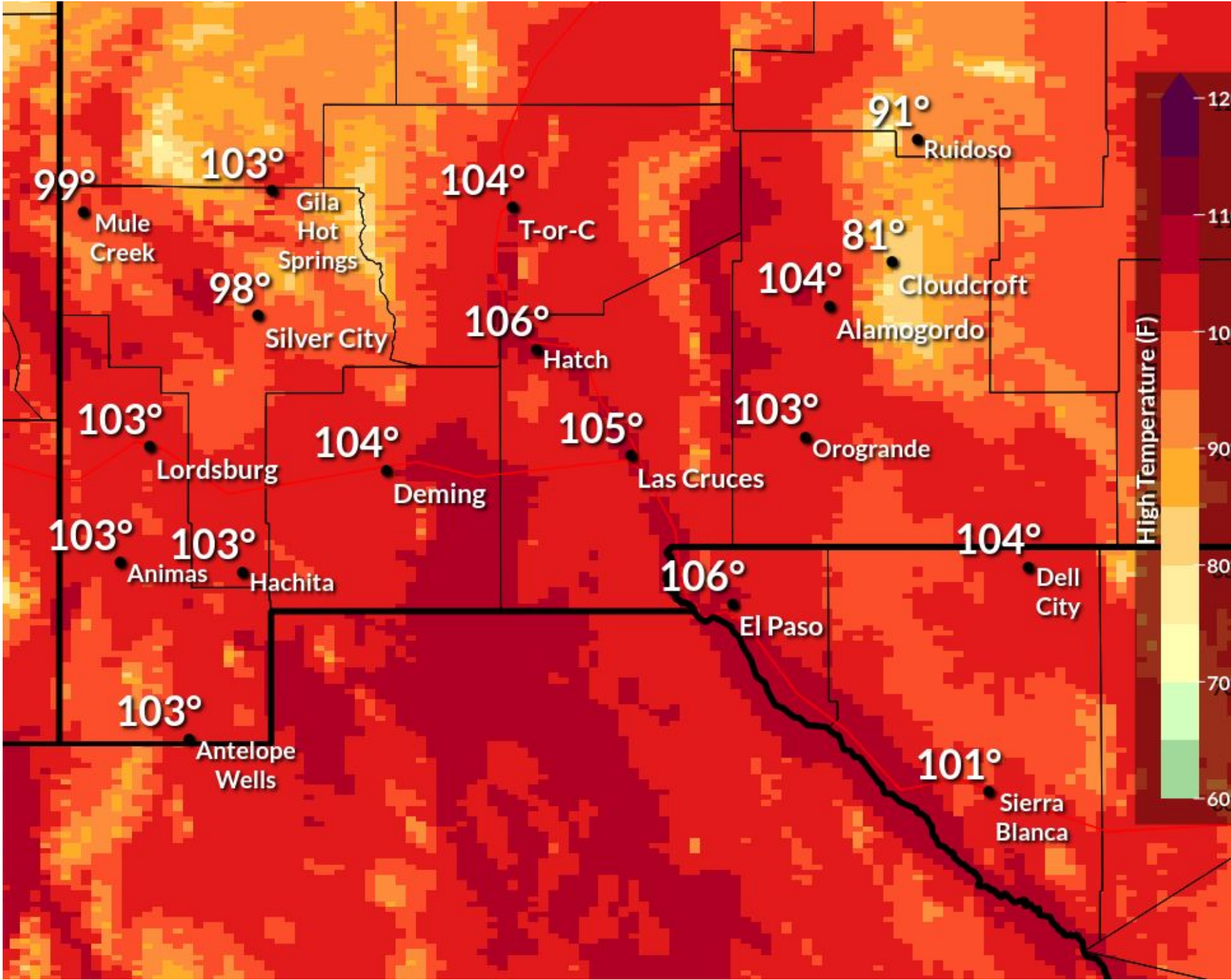
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Tuesday, June 23

Wednesday, June 24

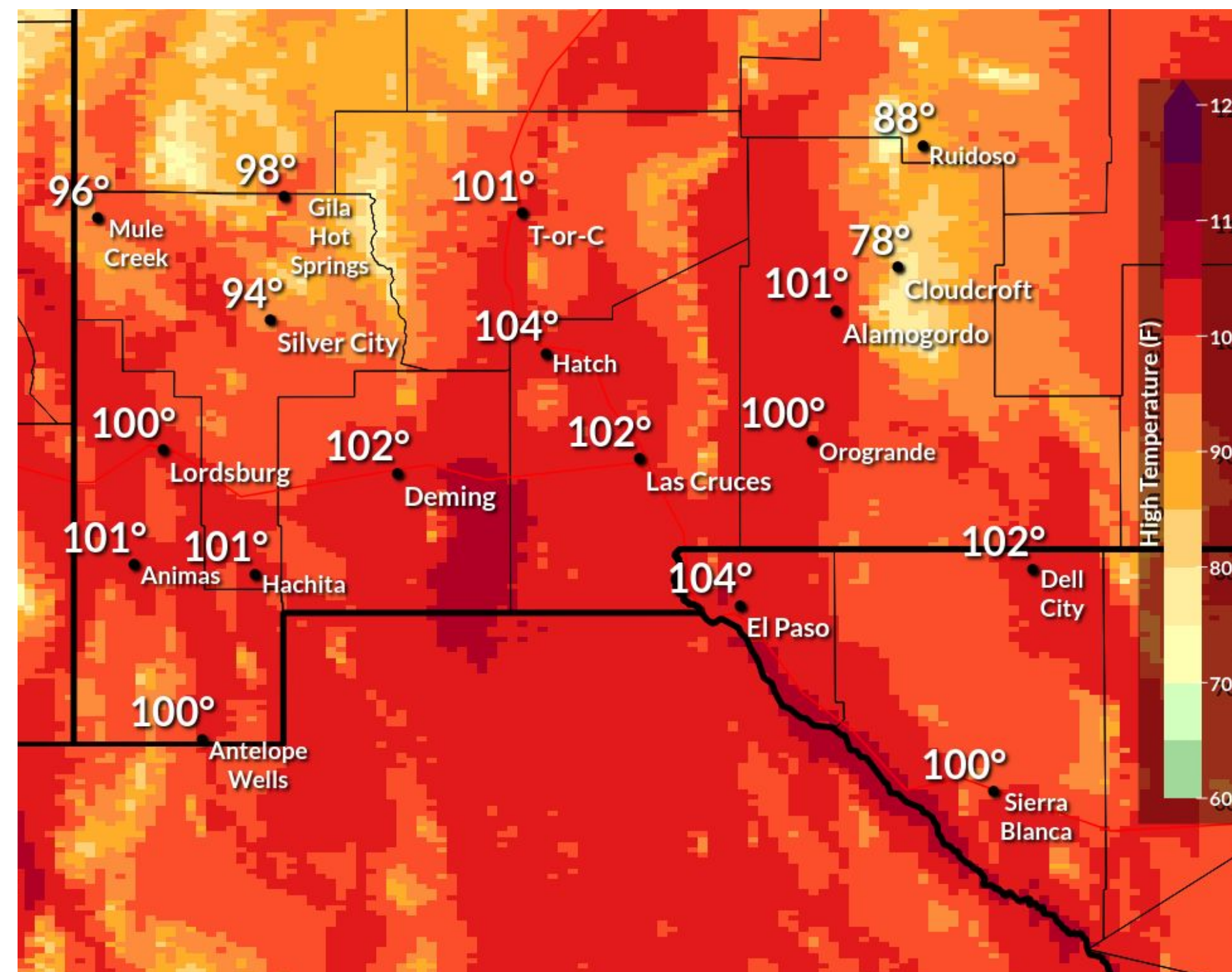
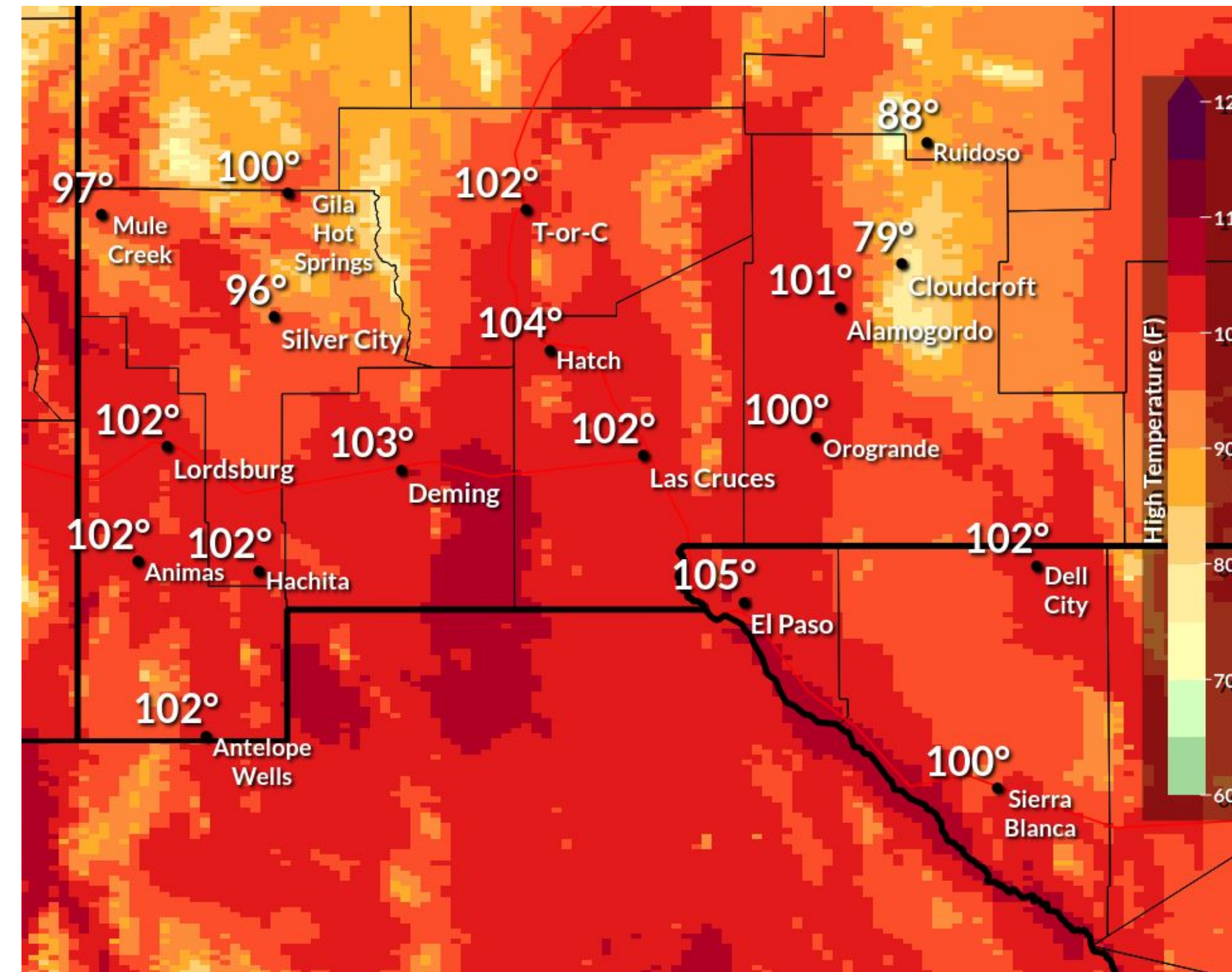


Forecast High Temperatures

June 19, 2026
3:01 PM

Thursday, June 25

Friday, June 26



Chance of Max Temperatures Greater Than 99°F

Sunday Evening, Jun 21 - Saturday Evening, Jun 27

	Sun 6/21	Mon 6/22	Tue 6/23	Wed 6/24	Thu 6/25	Fri 6/26	Sat 6/27
Alamogordo	55%	70%	80%	65%	55%	55%	50%
Cloudcroft	0%	0%	0%	0%	0%	0%	0%
Deming	60%	90%	96%	96%	85%	85%	75%
El Paso	96%	99%	97%	95%	85%	90%	85%
Las Cruces Intl	70%	85%	95%	85%	75%	75%	70%
Lordsburg	15%	60%	95%	95%	80%	75%	55%
Sierra Blanca	65%	80%	80%	65%	60%	60%	55%
Silver City	0%	0%	20%	15%	10%	5%	1%

Percent Chance (%)



Valid: Sun 06 pm MDT - Sat 06 pm MDT Issued: Fri, Jun 19, 2026, 1 pm MDT



Chance of Max Temperatures Greater Than 104°F

Sunday Evening, Jun 21 - Saturday Evening, Jun 27

	Sun 6/21	Mon 6/22	Tue 6/23	Wed 6/24	Thu 6/25	Fri 6/26	Sat 6/27
Alamogordo	0%	1%	10%	3%	5%	10%	5%
Cloudcroft	0%	0%	0%	0%	0%	0%	0%
Deming	1%	10%	50%	35%	45%	25%	15%
El Paso	30%	65%	80%	65%	65%	60%	55%
Las Cruces Intl	0%	10%	30%	20%	30%	30%	20%
Lordsburg	0%	0%	10%	20%	20%	10%	0%
Sierra Blanca	0%	10%	15%	10%	25%	20%	15%
Silver City	0%	0%	0%	0%	0%	0%	0%

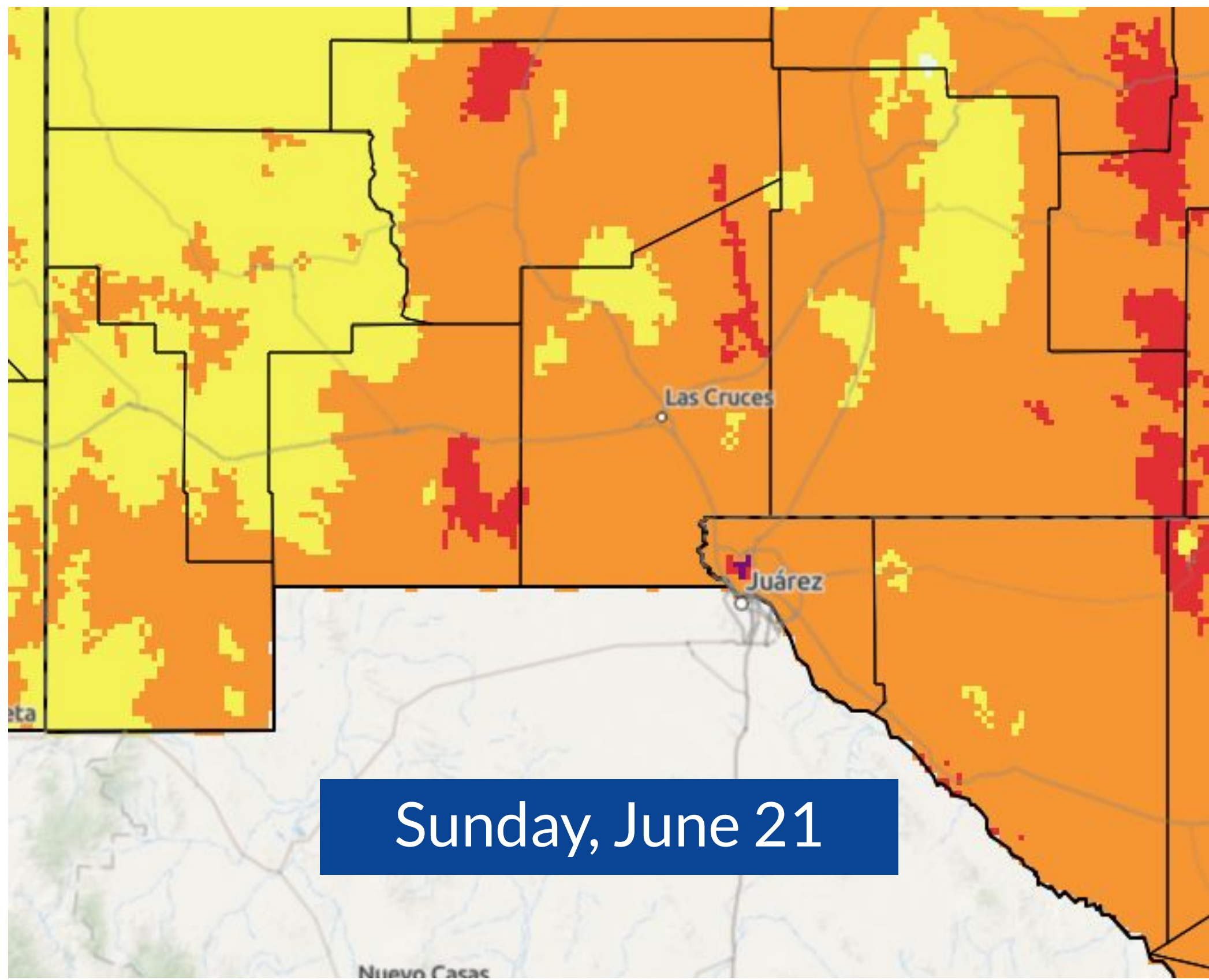
Percent Chance (%)



Valid: Sun 06 pm MDT - Sat 06 pm MDT Issued: Fri, Jun 19, 2026, 2 pm MDT



Mainly **moderate** risk (Level 2 out of 4) of heat-related impacts



Sunday, June 21

Category	Risk of Heat-Related Impacts
Green 0	Little to no risk from expected heat.
Yellow 1	Minor - This level of heat affects primarily those individuals extremely sensitive to heat, especially when outdoors without effective cooling and/or adequate hydration.
Orange 2	Moderate - This level of heat affects most individuals sensitive to heat, especially those without effective cooling and/or adequate hydration. Impacts possible in some health systems and in heat-sensitive industries.
Red 3	Major - This level of heat affects anyone without effective cooling and/or adequate hydration. Impacts likely in some health systems, heat-sensitive industries and infrastructure.
Magenta 4	Extreme - This level of rare and/or long-duration extreme heat with little to no overnight relief affects anyone without effective cooling and/or adequate hydration. Impacts likely in most health systems, heat-sensitive industries and infrastructure.



Moderate to major risk (Level 2/3 out of 4) of heat-related impacts

Category	Risk of Heat-Related Impacts
Green 0	Little to no risk from expected heat.
Yellow 1	Minor - This level of heat affects primarily those individuals extremely sensitive to heat, especially when outdoors without effective cooling and/or adequate hydration.
Orange 2	Moderate - This level of heat affects most individuals sensitive to heat, especially those without effective cooling and/or adequate hydration. Impacts possible in some health systems and in heat-sensitive industries.
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Magenta 4	Extreme - This level of rare and/or long-duration extreme heat with little to no overnight relief affects anyone without effective cooling and/or adequate hydration. Impacts likely in most health systems, heat-sensitive industries and infrastructure.

Monday, June 22



Mostly **moderate** and **major** risk (Level 3 out of 4) of heat-related impacts

Category	Risk of Heat-Related Impacts
Green 0	Little to no risk from expected heat.
Yellow 1	Minor - This level of heat affects primarily those individuals extremely sensitive to heat, especially when outdoors without effective cooling and/or adequate hydration.
Orange 2	Moderate - This level of heat affects most individuals sensitive to heat, especially those without effective cooling and/or adequate hydration. Impacts possible in some health systems and in heat-sensitive industries.
Red 3	Major - This level of heat affects anyone without effective cooling and/or adequate hydration. Impacts likely in some health systems, heat-sensitive industries and infrastructure.
Magenta 4	Extreme - This level of rare and/or long-duration extreme heat with little to no overnight relief affects anyone without effective cooling and/or adequate hydration. Impacts likely in most health systems, heat-sensitive industries and infrastructure.

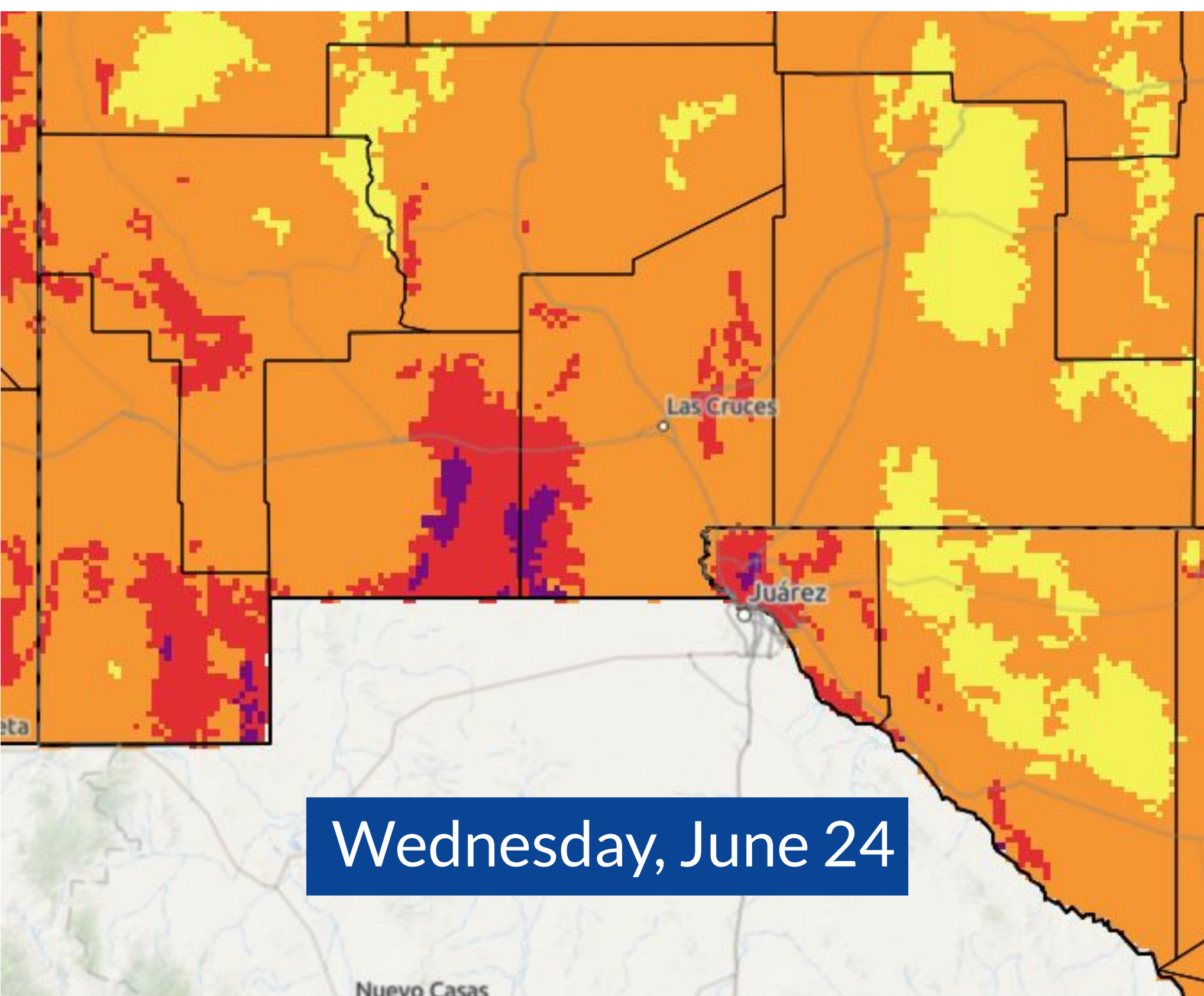
Tuesday, June 23



Mostly **moderate** and **major** risk (Level 2/3 out of 4) of heat-related impacts;
locally **extreme** risk

Category	Risk of Heat-Related Impacts
Green 0	Little to no risk from expected heat.
Yellow 1	Minor - This level of heat affects primarily those individuals extremely sensitive to heat, especially when outdoors without effective cooling and/or adequate hydration.
Orange 2	Moderate - This level of heat affects most individuals sensitive to heat, especially those without effective cooling and/or adequate hydration. Impacts possible in some health systems and in heat-sensitive industries.
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Magenta 4	Extreme - This level of rare and/or long-duration extreme heat with little to no overnight relief affects anyone without effective cooling and/or adequate hydration. Impacts likely in most health systems, heat-sensitive industries and infrastructure.

Wednesday, June 24



Mostly **moderate** and **major** risk (Level 2/3 out of 4) of heat-related impacts; locally **extreme** risk

Category	Risk of Heat-Related Impacts
Green 0	Little to no risk from expected heat.
Yellow 1	Minor - This level of heat affects primarily those individuals extremely sensitive to heat, especially when outdoors without effective cooling and/or adequate hydration.
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Thursday, June 25



Heat Exhaustion

Heat Stroke

ACT FAST

- Move to a cooler area
- Loosen clothing
- Sip cool water
- **Seek medical help if symptoms don't improve**

Dizziness

Thirst

Heavy Sweating

Nausea

Weakness



Confusion

Dizziness

Becomes Unconscious

ACT FAST

CALL 911

- Move person to a cooler area
- Loosen clothing and remove extra layers
- Cool with water or ice

Heat exhaustion can lead to heat stroke.

Heat stroke can cause death or permanent disability if emergency treatment is not given.

Agotamiento Debido al Calor

Insolación

Actúe Rápido

- Muévase a un lugar fresco
- Use ropa ligera
- Tome agua fresca
- **Busque ayuda médica si sus síntomas no mejoran**

Mareos

Sed

*Sudor
intenso*

Náuseas

Debilidad



Confusión

Mareos

*Pérdida del
conocimiento*

Actúe Rápido

Llame al 911

- Mueva a la persona a un área fresca
- Use ropa ligera y quite capas de más
- Enfríe su temperatura corporal con agua o hielo

El agotamiento debido al calor puede causar insolación.

La insolación podría causar la muerte o incapacidad permanente si no se da tratamiento urgente.

Heat can escalate quickly.

Warm temperatures can quickly become dangerous. Heat is one of the most deadly weather hazards — don't underestimate it.



NEVER leave people or pets alone in a closed car



Drink plenty of water, even if you don't feel thirsty



Wear loose-fitting, light-colored clothing



Spend time in air conditioning and in the shade



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